

VISHWAMITRA

BULLETIN OF ROTARY CLUB OF BARODA

Empowers Students Through Career Guidance

Choosing the right career path is one of the most significant decisions in a student's life. With countless options available, many students often struggle to make informed choices that align with their interests, skills, and future aspirations.

Understanding this crucial need, the Rotary Club of Baroda, in collaboration with Career Naksha, has taken a proactive step toward guiding students in their career journeys.

As part of this initiative, the Rotary Club of Baroda organized a career guidance seminar across multiple schools in Vadodara, where over 3,000 students participated. The seminar aimed to bridge the gap between students' aspirations and



The seminar was structured to cover:

- Awareness of different career options beyond conventional fields like engineering and medicine.
- Guidance on skill development and how to prepare for future job markets.
- Personalized counseling sessions where students could ask questions and seek tailored advice.
- Discussion on new-age careers in fields like artificial intelligence, digital marketing, entrepreneurship, and sustainability.
- A Step Towards a Brighter Future

The ultimate goal is to ensure that every student, regardless of their background, has access to the right guidance and resources to make confident career choices.

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Cyber Security Awareness Seminar

In an era where digital technology is deeply integrated into our daily lives, cyber security awareness has become more important than ever.

With students increasingly relying on the internet for education, communication, and entertainment, they are also exposed to various online threats. Recognizing this growing concern, the Rotary Club of Baroda, in collaboration with Quick Heal Foundation organized a Cyber Security Awareness Seminar titled 'Cyber Shiksha for Cyber Suraksha.'

This seminar is a new permanent initiative to spread cyber security awareness among students. This initiative has already reached more than 3,000 students in Vadodara.



The session covered essential aspects of cyber security, ensuring that students understood the importance of online safety and responsible internet usage. Some of the critical topics discussed included:

- Common Cyber Threats:
- Password Protection & Privacy
- Social Media Awareness
- Safe Browsing Practices
- Practical Demonstrations

One of the major highlights of the seminar was the interactive Q&A session, sharing their doubts and discussing real-life experiences. Many students had questions about social media security, online transactions, and ways to report cyber threats. The experts provided practical advice and preventive measures to help students stay vigilant in the digital space.

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Sustained Nutrition Support for TB Patients

Continues to be a major health concern in India, affecting thousands of individuals each year.

While medical treatment is crucial, proper nutrition plays a vital role in the recovery and overall well-being of TB patients. To address this need, the Rotary Club of Baroda has been actively supporting TB patients by distributing nutrition kits.

Since 2022, the club has been running a dedicated TB Nutrition Kit Distribution Program, providing 100 TB patients with essential food supplies on the 21st of each month. This initiative is aimed at ensuring that patients receive the necessary nutrients to strengthen their immune systems and recover more effectively.



Impact of the Nutrition Kit Distribution

The latest distribution event saw 100 TB patients receiving carefully curated nutrition kits, which included protein-rich food items, grains, pulses, and other essentials recommended for TB recovery. The distribution was carried out with the support of the Vadodara Municipal Corporation (VMC), ensuring that the initiative reaches those in need.

Beyond providing food, this initiative also serves as a platform to spread awareness about TB, its prevention, and the importance of maintaining a healthy diet during treatment. Many patients and their families have expressed their gratitude, highlighting how this initiative has helped them sustain their nutrition despite financial hardships.

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Zumba Event to Celebrate Rotary International Day

On the occasion of Rotary International Day, the Rotary Club of Baroda, along with other Rotary clubs in the city, organized a high-energy Zumba session at Empyrean Theatre,

This unique event combined fitness, fun, and awareness, bringing together Rotarians, community members, and fitness enthusiasts to celebrate the spirit of Rotary while spreading awareness.

RI Day is a special occasion that highlights Rotary's global impact and commitment to service. To mark this day, The event saw an enthusiastic turnout, with participants of all age groups joining in to experience the energy of Zumba and understand Rotary's role in community service.



One of the key objectives of the event was to create awareness about Rotary's seven focus areas, which include:

- Peacebuilding and Conflict Prevention
- Disease Prevention and Treatment
- Water, Sanitation, and Hygiene
- Maternal and Child Health
- Basic Education and Literacy
- Community Economic Development
- Supporting the Environment

During the event, speakers highlighted how Rotary clubs across the world, including those in Baroda, actively work towards implementing projects in these areas, making a tangible difference in people's lives. The participants gained insights into various service initiatives, including health camps, literacy programs, environmental projects, and community development efforts led by Rotary in Baroda.



Rotary Information



President Rotary International's 2025-26

Mário César Martins de Camargo, a member of the Rotary Club of Santo André, Brazil, has been selected as president of Rotary International for 2025-26. He will be the fourth Brazilian to hold the office and the first since Paulo V.C.

"Rotary today has strong competition for members and funds," he says. "We need to rejuvenate the brand, especially in some zones. We should utilize post-pandemic meeting tools ... to allow the president to address Rotarians all over the globe. We also need to develop more long-term partnerships with political, community, and business leaders. Let's emphasize our greatest asset: 1.4 million volunteers."

"Rotary should adopt a more transparent system to appoint volunteers for positions, with clear criteria and data-based evaluation of results," he says.

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